



Thank you for contacting me to arrange an appointment for hypnotherapy. Please note that any hypnosis consultations I conduct with you are strictly non-medical.

During the initial session, I will explain how hypnosis works and answer any questions you may have about hypnosis. We will discuss and formulate an action plan together during this session and establish, by agreement, how many sessions you may need. Please note that the number of sessions required is determined by how you progress in each session, but it will be your decision. By the end of the session, I hope to have built up a rapport with you and will conduct a relaxation session so that you know how it feels to be hypnotised. I will make brief notes of our sessions. All records are completely confidential and are securely locked away.

The first session lasts two to three and any subsequent sessions last approximately 60 minutes. Should you wish to have a consultation at the weekend, weekend costs will apply. Regression therapy can be arranged. If you need a customised MP3 recorded specifically for you, this will be available for an additional cost.

I consult at Whitehouse Centre, Main Road Howick and nationally or globally online.

I am bound by the ethics of the South African Modern Hypnosis Academy (SAMHA) and these ethics ensure I treat you professionally, with respect and keep all information shared in the strictest of confidence. I must however advise you that I reserve the right to break confidentiality if you provide me with information that indicates an immediate threat to your own life or health, or to any other person. I further reserve the right to report that information to your GP, the police, or any emergency services. Please remember that my goal is to guide you towards self-reliance to enable you to have full control of the life you wish to live. For our sessions to be successful you must participate, be honest with me and listen to recordings when provided.

Please complete and sign the registration form and pre-session questionnaire together with this letter as confirmation of your acceptance of this letter, and information in both the other forms. The fee for the consultation must be paid via EFT or using a Yoco link which I can provide on request. Your appointment will not be confirmed until the payment is made prior to the session, and I have received the required documents from you. I reserve the right to cancel your appointment if no payment is received. If you make an appointment after you have paid and fail to cancel the scheduled appointment, at least 24 hours before your session, I cannot use this time for another client and you will be liable for the full session fee, unless it's an emergency or you are ill. Thank you for your consideration regarding this important issue.

If you have any questions, please feel free to contact me on WhatsApp, SMS or by email. My website address is, www.dragonflytherapy.co.za and my email address is info@thispractice.net

Warm Regards
Heather

My bank details:
HAE Fountain
FNB

Account: 62838740167
Branch code: 250255

Yoco Link: <https://pay.yoco.com/heather-fountain-hypnotherapy>

Use your name as a reference when using the above Yoco link or if you pay by EFT

I accept the above conditions and understand that success is not guaranteed and also that client participation and commitment is essential

CLIENT SIGNATURE